



Dave Morris Phil Titchmarsh Richard Smith Allan Jones Jak Cornthwaite Nic Wymer

### **Glossop Sailing Club puts training first**

Over the weekend, four of Glossop Sailing Clubs top racers went back to basics to learn how to pass their skills on to others. Coached by Nic Wymer from the RYA (Royal Yachting Association) and joined by top Laser sailor Jak Cornthwaite from Elton sailing club, Dave Morris, Alan Jones, Richard Smith and Phil Titchmarsh were put through their paces in the club's junior training boats. All struggled with the strong gusty winds on Saturday, but on Sunday all of them delivered a perfect training session under the watchful eye of Nic. The four are now fully qualified RYA club race coaches.

Glossop Sailing Club has a programme to strengthen the training team. Earlier this year the club ran a Dinghy Instructors course adding 5 more instructors including two under 18. The coaches take over where the basic courses finish, and are there to help adult and junior sailors progress.

These schemes are part of a RYA initiative to get more people out on the water and are funded by the National Lottery. The club has joined the On Board scheme to promote sailing through schools and the T15 scheme to promote junior Windsurfing. The aim is to become a Volvo Champion Club which will bring further benefits. Britain is the most successful sailing nation, and there is no reason why Glossop children and adults should not take part.

Glossop Sailing Club sails at Torside reservoir in the Longdendale valley  
Website: [www.gdsc.org](http://www.gdsc.org) . Contact: jenny\_morris